## EARLY CHILDHOOD WORKFORCE DEVELOPMENT SPIRAL UP ACADEMY LEVEL 1 PROGRAM

# Early years matter, YOU make a difference!

## **Attention Center Directors and Administrators**

University of Nevada Reno Extension is offering a 7-week comprehensive virtual training and coaching program for newly hired employees in your program.



30 hours of hybrid training and up to 3 hours of coaching support

Topics: State of NV initial childcare training, Professionalism, Creating Connections with Children, Schedules & Transitions, Child Develop: Ages and States, Social Emotional Skills, The Growing Brain Everyday Play and Social Problem Solving with Emotional Literacy. (CPR/First Aide not included).

WHO CAN PARTICIPATE? Early care educators working with children 0-5 years. Priority will be given to educators in their first 120 days of employment.

**HOW TO ENROLL?** A referral must be made from a licensed center director/administrator.

WHEN ARE THE SESSIONS? The Academy sessions will be offered August, October, January, March, and May.

WHAT IS THE COST? The Spiral Up Academy Level 1 is currently funded and being offered at no cost.

#### **SESSION 1 BEGINS AUGUST 23, 2022**

#### Referrals are being accepted NOW until August 1, 2022

#### Email Cathryn Peshlakai at cpeshlakai@unr.edu for more information.

\*\* PATHWAY TO CDA: 20 training hours from the Spiral Up Academy Level 1 Program will meet the requirements for the UNR Extension Child Development Associate Credential (CDA).



Biotechnology & Natural Resources



### Early Childhood Workforce Development Spiral Up Academy Level 1 Program

#### Description



The Spiral Up Academy Level 1 Program will provide 30 hours of hybrid training (all training hours will be Nevada Registry approved training) and up to 3 hours of coaching support over a 7-week time period. This program will be offered to early care educators working with children 0-5 years old upon recommendation from a licensed center director/administrator. Priority will be given to educators in their first 120 days of employment.

Up to 20 training hours from the Spiral Up Academy 1 Program will meet specific required training hours for the Child Development Associate (CDA) program. Participants can apply these hours to a CDA if they choose to continue their training and enroll in the University of Nevada, Reno Extension's CDA program.

The program will be presented in the following formats:

• 14 hours of synchronous training which is instructor-led (using the Zoom virtual platform). These trainings will cover topics such as professionalism, positive interactions, classroom management, social/emotional development, the Growing Brain, and developmentally appropriate practices for young children.

• 16 hours of asynchronous training which is provided through Campus Extension online learning platform. The online modules meet the initial State of Nevada Child Care training requirements. New employees will need to complete CPR and First Aid requirements within 120 days of hire (not included in Training Program).

• Up to 3 hours of virtual Reflective Strengths-Based Coaching is provided. Coaching consists of early childhood educators reflecting on current practices, collaboratively setting goals with their coach, and creating action plans for goal completion (steps, resources, and timeline for achieving goals).

Participants will complete a pre and post knowledge assessment to determine acquisition of concepts taught.